

WEDNESDAY RECESS
(Available from 10:30am)

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| TRAIL MIX (Cereal mix canteen approved) | .50 |
| POPCORN | .50 |
| “THE RIGHT BITE YOGHURT CUPS” (Refer canteen for flavor’s) | \$1.00 |
| ASSORTED MUFFINS (Refer canteen FB & blackboard) | .80 |
| WAFFLES | .50 |
| MINI PIZZA TORTILLA’S | .50 |
| POTATO GEMS (.10c per gem, max 10 per child) | .10 |
| CHICKEN GOUJON’S (.40c each piece, max 3 per child) | .40 |
| APPLE SLINKY (B.Y.O) | .20 |
| APPLE SLINKY (Apple From Canteen) | .80 |
| SAVOURY JAFFLES (Refer canteen FB & blackboard) | 1.00 |
| BAKERY TREAT (Refer canteen FB & blackboard) | 1.00 |
| SOUP OF THE WEEK (Refer canteen FB & blackboard) | 1.00 |
| HOT SNACK IN A CUP (Refer canteen FB & blackboard) | 1.00 |
| ASSORTED FRUIT (Refer canteen) | .05- |
| | \$1.00 |

WEDNESDAY DRINKS

| | |
|--|--------|
| BOTTLED WATER (Still) | \$1.50 |
| JUICE BOX: (Apple/Blackcurrant, Orange, Tropical & Apple) | \$2.00 |
| COLD MILO/ WARM MILO (Collect warm Milo from canteen) | \$1.50 |
| BROWNS MILKS: (Choc, Strawberry, Banana & Neapolitan) | \$2.50 |
| CHILL J (Bottled Sparkling Fruit Juice): (See canteen for flavor’s) | \$2.50 |

WEDNESDAY LUNCH
(Available from 12:20pm)
HOT MEALS

| | |
|--|--------|
| NACHOS DIPPERS (Mild spicy beef mince served with corn chips) | \$4.50 |
| MAC ‘N’ CHEESE Plain –(Macaroni pasta, cheese béchamel sauce) Bacon –(Macaroni pasta, cheese béchamel sauce with bacon) Vegetarian –(Macaroni pasta, cheese béchamel sauce with vegetables) *Gluten free option available | \$4.00 |
| SPAGHETTI BOLOGNAISE (Spaghetti pasta serve with a rich beef mince bolognese sauce) | \$4.00 |
| PIZZA’S Margarita –(Tomato paste & cheese) Aussie –(Tomato paste, cheese & bacon) Hawaiian –(Tomato paste, cheese, pineapple & ham) Vegetarian –(Tomato paste, cheese & vegetables) Bbq Chicken –(Bbq tomato paste, cheese & chicken) *(Gluten Free Available) | \$3.00 |
| CHICKEN WRAP (Seasoned chicken breast with lettuce, tomato, carrot, cucumber with your choice of sweet chili sauce or mayonnaise) | \$4.00 |
| SOUP OF THE WEEK WITH BREADROLL (Refer canteen FB & blackboard for flavor) *Teachers can provide their own mug *Students can provide their own Thermos | \$3.00 |
| MRS MAC’S LIGHT ‘N’ UP SAUSAGE ROLLS (Tomato sauce sachet extra \$0.40c) | \$3.00 |
| MRS MAC’S PARTY PIES Party Pies x 3 (Tomato sauce sachet extra \$0.40c) | \$3.00 |
| Party Pies x 2 (Tomato sauce sachet extra \$0.40c) | \$2.00 |
| CHEESY BURGER (Mini mince patty with cheese & sauce on a slider size bun) | \$3.00 |

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To keep up to date with daily specials at “The Right Bite Canteen” like us on Face Book @ BPPS Canteen



If you would like to Volunteer to help in The canteen or have a question about anything, please contact Karen on: 0417 934 610

WEDNESDAY LUNCH
(Available from 12:20pm)
SANDWICHES, ROLLS, WRAPS & SALADS

| | |
|--|----------------|
| SANDWICHES | |
| Vegemite | \$2.00 |
| Cheese | \$2.50 |
| Egg | \$3.00 |
| Ham | \$2.50 |
| Ham & Cheese | \$3.00 |
| Chicken | \$2.50 |
| Tuna | \$2.50 |
| EXTRAS | |
| Toasted | \$0.50 |
| Wrap or Roll | \$1.00 |
| Salad (each item added) (Tomato, Carrot, Lettuce, Cucumber, Pineapple) | \$0.25 |
| SALAD BOX –Plain (Consists of Tomato, Carrot, Lettuce, Cucumber) | \$3.00 |
| Added Items: | |
| Ham | \$0.25 |
| Boiled Egg | \$0.25 |
| Cheese | \$0.25 |
| Chicken | \$1.00 |
| Tuna | \$1.00 |
| Caesar Dressing | \$0.50 |
| EXTRAS | |
| Corn Cobbett | \$1.20 |
| Tomato Sauce Portion | \$.40 |
| LUNCH BAGS | |
| 1 bag: \$.10 | 10 bags: \$.50 |
| 25 bags: \$1.00 | |
| ICE CREAMS (PRICES FROM) \$0.20-\$1.50 | |
| WE FOLLOW THE “TRAFFIC LIGHT SYSTEM” | |
| SET DOWN BY WASCA | |
| Food served meets Star Choice & National Heart Foundation guidelines as well as the Government Policy & Standards for healthy food & drink choices in Public Schools | |

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FRIDAY RECESS
(Available from 10:30am)

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| POPCORN | .50 |
| “THE RIGHT BITE YOGHURT CUPS” (Refer canteen for flavor’s) | \$1.00 |
| ASSORTED MUFFINS (Refer canteen FB & blackboard) | .80 |
| WAFFLES | .50 |
| MINI PIZZA TORTILLA’S | .50 |
| CHEESIE | \$1.00 |
| BRUSCHETTA | \$1.00 |
| APPLE SLINKY (B.Y.O) | .20 |
| APPLE SLINKY (Apple From Canteen) | .80 |
| SAVOURY JAFFLES (Refer canteen FB & blackboard) | 1.00 |
| BAKERY TREAT (Refer canteen FB & blackboard) | 1.00 |
| SOUP OF THE WEEK (Refer canteen FB & blackboard) | 1.00 |
| HOT SNACK IN A CUP (Refer canteen FB & blackboard) | 1.00 |
| ASSORTED FRUIT (Refer canteen) | .05-\$1.00 |

FRIDAY DRINKS

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FRIDAY LUNCH
(Available from 12:20pm)
HOT MEALS

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| <u>NACHOS DIPPERS</u> (Mild spicy beef mince served with corn chips) | \$4.50 |
| <u>MAC ‘N’ CHEESE</u> Plain –(Macaroni pasta, cheese béchamel sauce) Bacon –(Macaroni pasta, cheese béchamel sauce with bacon) Vegetarian –(Macaroni pasta, cheese béchamel sauce with vegetables) *Gluten free option available | \$4.00 |
| <u>SPAGHETTI BOLOGNAISE</u> (Spaghetti pasta serve with a rich beef mince bolognese sauce) | \$4.00 |
| <u>PIZZA’S</u> Margarita –(Tomato paste & cheese) Aussie –(Tomato paste, cheese & bacon) Hawaiian –(Tomato paste, cheese, pineapple & ham) Vegetarian –(Tomato paste, cheese & vegetables) Bbq Chicken –(Bbq tomato paste, cheese & chicken) *(Gluten Free Available) | \$3.00 |
| <u>CHICKEN WRAP</u> (Seasoned chicken breast with lettuce, tomato, carrot, cucumber with your choice of sweet chili sauce or mayonnaise) | \$4.00 |
| <u>SOUP OF THE WEEK WITH BREADROLL</u> (Refer canteen FB & blackboard for flavor) *Teachers can provide their own mug *Students can provide their own Thermos | \$3.00 |
| <u>HOT DOG- large</u> (Beef sausage between a soft roll with BBQ or Tomato sauce) | \$3.00 |
| <u>PUPPY DOG-small</u> (Small beef sausage between a soft roll with BBQ or Tomato sauce) | \$2.00 |
| <u>CHEESY BURGER</u> (Mini mince patty with cheese & sauce on a slider size bun) | \$3.00 |

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| Egg | \$3.00 |
| Ham | \$2.50 |
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| Chicken | \$2.50 |
| Tuna | \$2.50 |
| <u>EXTRAS</u> | |
| Toasted | \$0.50 |
| Wrap or Roll | \$1.00 |
| Salad (each item added) (Tomato, Carrot, Lettuce, Cucumber, Pineapple) | \$0.25 |
| <u>SALAD BOX –Plain</u> (Consists of Tomato, Carrot, Lettuce, Cucumber) | \$3.00 |
| <u>Added Items:</u> | |
| Ham | \$0.25 |
| Boiled Egg | \$0.25 |
| Cheese | \$0.25 |
| Chicken | \$1.00 |
| Tuna | \$1.00 |
| Caesar Dressing | \$0.50 |

EXTRAS

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| Corn Cobbett | \$1.20 |
| Tomato Sauce Portion | \$.40 |

LUNCH BAGS

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